Schreiner University Drug-Free Schools and Campuses
Prevention Program
Annual Report June 2013
For Academic Year, June 2012 through May 2013

Table of contents

Purpose

Program Inventory, a Description of Alcohol and Other Drug (AOD) Elements

Statement of AOD goals and discussion of goal achievement

Summaries of AOD program strengths and weaknesses

Recommendations

Procedures for distribution

Supplemental Checklist

Purpose

The Annual Review will determine the effectiveness of the AOD prevention program and implement any needed changes. The Annual Review will also ensure that our campus enforces the disciplinary sanctions for violating standards of conduct consistently. (Please note that Schreiner University uses an annual review, rather than the Biennial Review required by the federal law. The reason is that accumulating data for one year at a time, rather than two, works better for our university.)

Program Inventory for Academic Year 2012-2013

<table>
<thead>
<tr>
<th>Program Elements &amp; Activities</th>
<th>Evaluation</th>
<th>Effectiveness</th>
</tr>
</thead>
<tbody>
<tr>
<td>Task Force meets twice each semester to evaluate, plan, and assess. Task Force consists of a wide range of campus personnel and students</td>
<td>Minutes are kept of meetings, indicating membership in attendance. Minutes reflect the planning for programs and discussion of policies. See Exhibit A</td>
<td>While members have many competing responsibilities, they have still been able to accomplish a great number of their goals. Membership is diverse, including members from faculty, staff, students.</td>
</tr>
<tr>
<td>Schreiner University follows strict policies which limit the</td>
<td>See exhibit B, from Student Handbook</td>
<td>Policies and enforcement are believed to be effective, due to</td>
</tr>
<tr>
<td>availability of alcohol on campus. Underage alcohol use is strictly prohibited.</td>
<td>Possession of alcohol is limited to those over 21 in their private apartment. Residence Hall Assistants monitor compliance with policy. Alcohol can only be purchased on campus at special occasions with very specific permits.</td>
<td>See form for serving alcohol at Event, Exhibit C</td>
</tr>
<tr>
<td>Schreiner University creates a healthy alcohol free environment for university events. The University offers many alcohol-free events and has a zero tolerance policy for campus events and campus trips. Travel policies are in place banning alcohol and drugs and university sponsored trips. The University provides a vibrant campus activity center, recreational events, and a fitness center.</td>
<td>See policies and permissions for travel. Exhibit D. Also see webpage for Mountaineer Fitness Center and Student Activities Board</td>
<td>The environment is believed to be effective in providing many alcohol-free opportunities for students. No objective measure is available.</td>
</tr>
<tr>
<td>The University has a strong religious presence on campus with programs throughout the week and peer ministers living in the residence halls.</td>
<td>Exhibit E, page from website listing all the program opportunities</td>
<td>The environment is believed to be effective, but no objective measure is available.</td>
</tr>
<tr>
<td>The University encourages leadership development among students, and encourages service learning and community service.</td>
<td>Exhibit F, page from website for Community Volunteer Program and page from website for annual Mountaineer Leadership Conference</td>
<td></td>
</tr>
<tr>
<td>The University communicates to parents regarding the AOD</td>
<td>See Exhibit G</td>
<td></td>
</tr>
<tr>
<td>The University has events and programs throughout the year, two of which are sponsored by the AOD Task Force to educate regarding AOD. Law Enforcement in the fall of 2012, Chris Raymer and comedy troupe in the spring of 2013.</td>
<td>See minutes and emails, Exhibit H</td>
<td>Students were given evaluations to complete after the programs with very positive results. All three programs were 97% positive, and the comedy troupe was 100% positive. The students say the programs were effective, though there is no sure way to know if there is reduced use as a result.</td>
</tr>
<tr>
<td>Schreiner Wellness Activity Team and Health and Wellness plan AOD educational programming.</td>
<td>See Programming Calendar Exhibit I SWAT gave program to incoming freshman during welcome week.</td>
<td>There was no evaluation conducted on the effectiveness of this program.</td>
</tr>
<tr>
<td>Posters are placed across campus, especially in the residence halls with information regarding AOD abuse, including information on prevention of alcohol poisoning.</td>
<td>This practice continues.</td>
<td>Effectiveness is unknown.</td>
</tr>
<tr>
<td>The Athletic Department has strict policies regarding AOD.</td>
<td>See Exhibit J, policy</td>
<td>The Athletic Department suspended drug testing temporarily for this year due to expenses and due to the fact students were able to successfully predict when testing would occur. The athletic department will resume testing as soon as they are able.</td>
</tr>
</tbody>
</table>
| The Judicial Board hears cases of AOD violations and makes decisions regarding sanctions using a defined set of standards. The Judicial Board documents the numbers of cases in a monthly report. Alcohol Responsibility is an online program required by anyone on a second alcohol | See Exhibit of Judicial Board Reports K Exhibit L, description of program from BACCHUS website | Judicial Board year summary was not available at the time of this report.  

**The number of students who had two alcohol violations and were required to complete Alcohol Responsibility this year went up drastically (56 students).** |
The committee needs to discuss what action should be taken.

<table>
<thead>
<tr>
<th>New Employees receive a copy of the Staff Manual</th>
<th>Exhibit M</th>
<th>Recommended to be rewritten and is in process, summer 2013</th>
</tr>
</thead>
</table>

**Statement of AOD Goals and Discussion of Achievement**

From Task Force Minutes

**Goal:** To plan and implement fall alcohol program with law enforcement.  
**Discussion:** Law enforcement program had about 200 students in attendance, including freshmen, Greeks, and athletes. Freshmen students were required to attend and complete a questionnaire regarding the content of the program. Return rate on evaluations were 97% positive.

**Goal:** To increase security at river area where students have late night drinking parties.  
**Discussion:** Campus security sent a notification to all students that entry to river area after dark was prohibited. As a result, no further drinking parties have occurred.

**Goal:** To plan and implement spring campus AOD addiction and treatment program with Chris Raymer.  
**Discussion:** The program was held in the spring with approximately 85 students and staff in attendance. Evaluation rates were 98% positive.

**Goal:** To assess the drinking/drugging habits of Schreiner students.  
**Discussion:** In the fall of 2012 Schreiner University asked for voluntary participation in a survey from the American College Health Survey. The survey revealed that Schreiner students drink and use drugs less than students at other comparable universities.

**Goal:** To distribute the policies to all students and employees as required by law. Distribution would be via internet.  
**Discussion:** Students were sent email each semester about the alcohol/drug policy and it was posted on the campus website. The employee policy was completed in May 2013 and will be distributed summer 2013.

**Goal:** To initiate a social norms campaign.  
**Discussion:** Angie Bauman and her student staff created colorful and informative posters with information from the student health survey and posted across campus and in residence halls.
Goal: To begin a student addiction support group.
Discussion: Dr. William Woods began the program in February 2013. It met on noon on Fridays and had a small but dedicated membership.

Goal: To train staff on some of the principles of the highly acclaimed “motivational interviewing,” a recommended method of dealing with AOD abuse.
Discussion: Erin Shields, counseling intern provided training in February 2013 to student services staff.

Goal: To eliminate/lessen the problem of older students given alcohol to minors.
Discussion: Administration moved to place students on final probation status if they provide alcohol to younger students. This immediately solved the problem.

Goal: To provide information regarding emergency procedures for alcohol poisoning on doors of all rooms in residence halls.
Discussion: Jason Smith will complete this goal by August 15, 2013

Goal: To track judicial board data and athletic drug testing results over several years.
Discussion: This goal is still in process.

Goal: To screen health and wellness patients for mental health and alcohol concerns.
Discussion: Screening was set in place in January and those students with higher consumption of alcohol were referred to counseling. Counseling reached out to the student and offered consultation.

Summary of Strengths and Weaknesses:

Strengths: Overall Schreiner has had many favorable policies and environmental conditions which promote healthy student development. There have been programs every year presented across the university and within many subgroups which stress the dangers and health risks of alcohol and other drugs. Schreiner University has a history of less alcohol and drug use among freshmen as compared with other campuses our size, according to the American College Health Survey which was conducted in the fall of 2012. Judicial Board tracks the violations which occur in residence halls, and the numbers have been historically small. The Athletic Department has been very aggressive in pursuing a AOD policy that protects athletes and mandates testing and sanctions offenders. The AOD Task Force is a viable committee which contributes to the ongoing programmatic elements of the campus, and the Task Force has been instrumental in identifying issues which need to be improved. And we finally have written and published policies for students and employees.

Weakness: The Task Force has identified three major weaknesses in our program. First, after Alcohol.edu was abandoned due to cost, there hasn’t been an effective way to educate freshmen of the dangers and consequences of alcohol and other drugs. Second, our evaluation of current programs is very weak, with few concrete methods to measure effectiveness. If we can continue to use the survey from American College Health every two years, we will be able to at least
assess the levels of use and whether they are changing. Third, the number of students with second alcohol violations is up considerably. The AOD committee should discuss ways to remedy.

**Recommendations:**

A training segment for students regarding drug and alcohol should be included in Monty Days for all incoming freshmen. Target date August 2013.

AOD committee should discuss ways to remedy the new growth in second alcohol violations. Perhaps the first step discipline should be more vigorous to deter students from committing a second.

The employee policy should be posted online and should be provided in hard copy to all new employees upon hiring and to those employees without campus email addresses annually. *Target date for completion is September 2013.***

The Task Force recommends that each university wide AOD program and each sub-unit program, whether employee, Greek life, residence hall, SWAT, or RSO should be evaluated with a short questionnaire. Presenters should also track the number of attendees. *Target date to begin evaluations is fall 2012.*

The Task Force recommends that employees should also receive annual in-service training regarding AOD use, abuse, and treatment annually. *Target date to begin training is academic year 2012-2013.*

**Procedures for Distribution:**

The University provided handbooks with the AOD policy to students in the fall of 2011, and all athletes were provided with the athletic department policy. Students in RSOs and in Campus Recreation were given travel policies regarding AOD usage annually. New employees received a copy of the employee handbook, with abbreviated employee AOD policy. These documents are in Exhibits B, C, D, J, and M.

The new policy (September 2012) outlines the new more complete distribution procedures.

**Supplemental Checklist:** See Exhibit N

**All Exhibits are available in the office of the Director of Counseling**