

**BS EXERCISE SCIENCE - FITNESS & WELLNESS TRACK**

<b>Year One</b>					
FALL		SPRING			
Engagement*		3	Communication*		3
Communication*		3	Engagement*		3
Skill & Resource Use	IDST 1301	3	Analytical Abilities	MATH 1310/1311	3
	EXSI 1305	3	Personal & Social Responsibility	PSYC 1301	3
	EXSI 2305	3		ELECTIVE	3
		15		ELECTIVE	1
					16
SUMMER I					
			BIOL 2401		4
					4
SUMMER II					
			BIOL 2402		4
			ELECTIVE		3
					7
<b>Year Two</b>					
FALL		SPRING			
	EXSI 2204	2	Analytical Abilities	CHEM 1403	4
	EXSI 3324 OR 4327	3	Aesthetic Appreciation*		3
	EXSI 3326	3		COMM 3310	3
Analytical Abilities	EXSI 4323	3		EXSI 3321	3
	ELECTIVE	3		ELECTIVE	3
	ELECTIVE	3			16
		17			
SUMMER I					
	Global Perspective	SPAN 1401			4
		ELECTIVE			3
					7
SUMMER II					
	Global Perspective*				3
		MATH 2330			3
					6
<b>Year Three</b>					
FALL		SPRING			
	EXSI 3320	3		EXSI 4426	4
	EXSI 4422	4		EXSI 4325	3
	EXSI 3324 OR 4327	3		EXSI 4395	3
	ELECTIVE	3		ELECTIVE	3
	ELECTIVE	3		ELECTIVE	3
		16			16

\*Course may be selected from core requirements.

Total: 120